

On a hike up Blakett's Ridge
train in Sabino Canyon
(Tucson, Arizona) on the 11th
of April 2014, I was
remembering a few years
earlier - hiking here with my
daughter and we saw a blue
lizard similar to the one below.



The lizard had darted out in front of us and sat on a rock beside the trail as if to allow us to appreciate its beauty.

I have not seen a lizard like it since. So on this day in 2014 doing work with the circle of Grandmothers and the Venus Cycle - in a ceremonial and respectful way I made a request to see another blue lizard if possible?



Gila Monster

April, 2014



I didn't get to see a blue lizard but I did get to see a Gila Monster crossing the path in front of me on the last stretch of trail before returning to the parking lot.

I was thrilled as they are very rare to see spending most of their time underground and also being nocturnal.



This is the 5th Gila Monster I have seen in my 36 years of living in Arizona and it felt like an answer to my earlier prayer request.



I had asked my Grandmother Guides for a sign and hoped it would be a blue lizard but getting Gila Monster was even more perfect when I realized this animal was showing up to share its medicine gifts as our Venus Ceremonial Circle was about to enter the Throat Chakra Gate. As I watched the Gila monster was sticking its tongue on the ground as it walked.



I felt this was a moment of HIGH Magic. Each time Gila Monsters have shown up for me it has been a time of powerful changes in my life.

When I got home I did some research and here are some interesting facts I discovered about Gila Monsters:

Left over from the Dinosaurs – one of the oldest animals on Earth

Uses Tongue to Hunt and Receive Information About Its Environment

Can go up to a year with out food or water

Spends 95 to 98% of its time underground

They are nocturnal so to see them is rare

Up to 22.5 inches long, 3 to 5 lbs when grown

Have lived over 35 years in captivity



To Navajo Gila Monster has mystical powers and is the one who put all the pieces of the Sun back together so is a Healer/Protector/Regenerator

Venom used in drug Byetta to treat Type Two Diabetes

Navajo Name of Gila Monster (Tinilei`) is spoken only as a Prayer

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Linked with Divination and Intuition