

# The Sun Enters Virgo with Regulus the Heart Star of the Lion(ess) By Cayelin K Castell

Regulus is a star of marvelous wonder inspiring us to know ourselves through the power of self-love.

One of the four Royal Stars of the ancients, Regulus, is the closest to the ecliptic less than half a degree from the ecliptic line so is often occulted by the Moon. (Astronomy section has more)

The other three Royal stars for example; Antares, Fomalhaut and Aldebaran are between 2 and 4.5 degrees below the ecliptic.

In our current time, the Sun travels within 10 degrees of Regulus from August 13 to September 03 with the exact conjunction usually on August 23.

Regulus is a Behenian star or magical star of the ancient alchemists who would have used a 6 degree orb to consider a planetary effect on the star. The Sun with Regulus then would be within 6 degrees from August 16 to August 29. (See more on the magical [Behenian Stars](https://cayelincastell.com/behenian-stars/) link <https://cayelincastell.com/behenian-stars/> )

## Regulus, the Lion~ess and Virgin Priestess, Sphinx Point

The Lion-ess/Virgin Priest-ess constellations are related to the sphinx point – where animal (Lion) meets human (Priest-ess).

There was a time when the Sphinx Point was related to the shift of seasons between the constellations of the Priestess and Lion when the seasonal signs of Leo and Virgo were overlaying both constellations. In the 21<sup>st</sup> century the seasonal sign of Virgo overlays the Lion and the seasonal sign of Libra overlays the Virgin Priestess. Over time (about 26,000 years) every season is with every constellation.

The Leonine Heart is:  
The Sovereign Queen  
Of Dynamic Self-Love  
Self-Reliance  
Self-Determination  
Self-Approval  
Self-Confidence  
Self-Acceptance  
Self-Sufficiency  
Self-Respect



True for the Lion Too!



There is a difference between Seasonal Signs and Starry Constellations. This 15 minute Video explains the difference. <https://www.youtube.com/watch?v=q-svuwjprVc>

## Regulus in the Season of Virgo

Regulus is in Virgo for 2160 years precessing (or moving backward through the constellations) one degree every 72 years having entered Virgo in November of 2011. The shift of any planet (or star) from Leo to Virgo (or any two signs for that matter) marks a dramatic archetypal shift in the energy.

Around 1939 Regulus entered the 29 Leo point (moving one degree in 72 years) prior to moving into the seasonal sign of Virgo in November of 2011. Regulus remains at the zero Virgo mark until about 2083 when it will enter the 1 degree Virgo point.

## Planets with Regulus

Every year Sun, Mercury and Venus cross the line between Leo and Virgo. Every month the Moon crosses this line. Every 2 years Mars crosses this line, every 12 years or so Jupiter crosses this line, every 29.5 years or so Saturn crosses this line.

## Upcoming Visible Planets Passing Regulus

**Aug 23, 2018 Sun** exact with Regulus (00 Virgo 04)

**Sep 05, 2018 Mercury** exact with Regulus (00 Virgo 04)

**Aug 18, 2019 Mars** exact with Regulus (00 Virgo 06)

**Aug 21, 2019 Venus** exact with Regulus (00 Virgo 06)

**Aug 23, 2019 Sun** exact with Regulus (00 Virgo 06)

**Aug 29, 2019 Mercury** exact with Regulus (00 Virgo 06)

**Nov 10, 2027 Jupiter** exact with Regulus (00 Virgo 13)

**Oct 19, 2036 Saturn** exact with Regulus (00 Virgo 20)

**Feb 06, 2037 Saturn** exact with Regulus (00 Virgo 20)

**July 10, 2037 Saturn** exact with Regulus (00 Virgo 20)

## Astronomy of Regulus

Regulus is the brightest star in the constellation of the Lion and the 22nd brightest star in the night sky while also sitting closest to the ecliptic (the path of the Sun, Moon and other Planets) meaning Regulus can be seen from anywhere on Earth.

Every month the Moon passes this star usually no more than 5 degrees away and often the Moon has a series of occultations (when the Moon covers and uncovers Regulus so it seemingly disappears and reappears). The last series began December 18, 2016, and concluded on April 24, 2018.

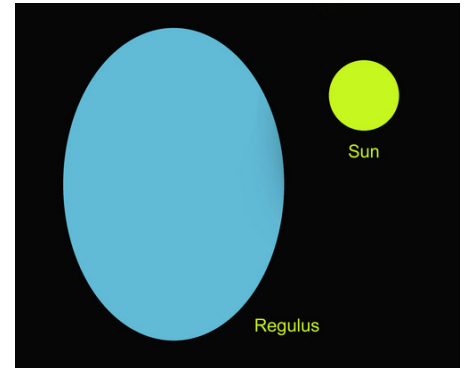
**The next series begins Jul 26, 2025 and ends Dec 27, 2026.**

**Remember the Sun passes the zodiacal degree of Regulus each year around August 23.**

Regulus is approximately 77.5 light years from Earth's Solar System and has about 3.5 times the Sun's mass as evidence in the image here.

It is a relatively young star - only a few hundred million years old and is spinning very fast, with a rotation period of only 15.9 hours, causing Regulus to have a highly oblate (or egg) shape.

This rapid spin results in its poles being considerably hotter and five times as bright (per unit surface area) than its equator. It is interesting to note that if Regulus was rotating a mere 16% faster the centripetal force of gravity would tear this star apart. <http://en.wikipedia.org/wiki/Regulus>



### Star Magnitude/Brightness

**Regulus** is the 22nd brightest star in our night sky - **Spica** is 16th - **Aldebaran** is 14th - **Antares** is 15th

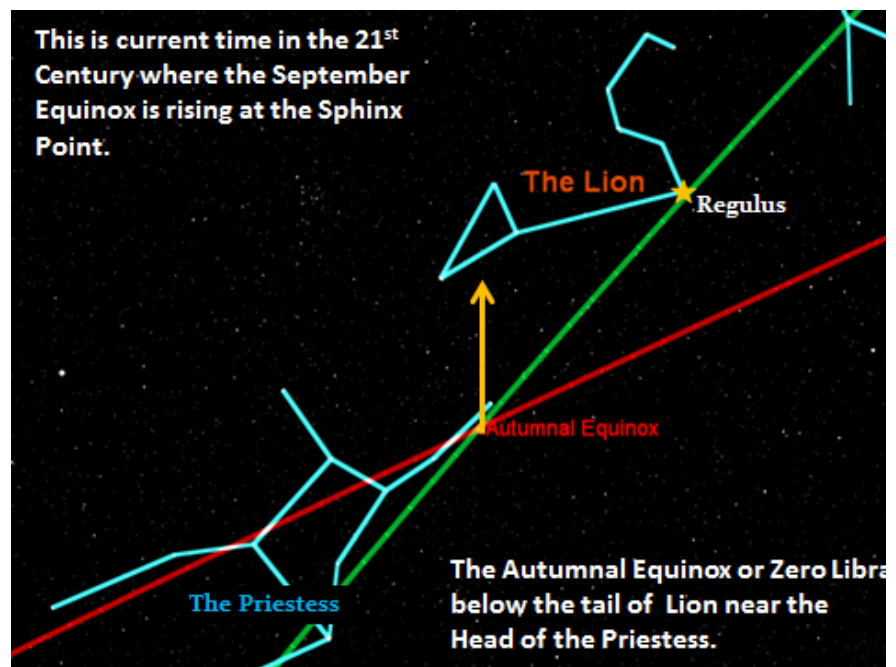
### The Sphinx Point

Robert Bauval (author of The Orion Mystery and other books) suggests - based on his research - the Great Sphinx was constructed during the time when the Lion constellation was Rising at the Vernal Equinox (Spring for those in Northern Hemisphere) around 10,500 BC.

Regulus, the heart of the Lion was rising with the Spring equinox for at least 72 years in that window of time and loosely for about 2160 years. Remember the seasonal signs precess (move backward) through the constellations about 1 degree every 72 years taking about 2160 years for anyone star to experience 30 degrees of sign.

The Spring Equinox with the Lion occurred from around 10,960 BC to 8,800 BC. This means the seasonal sign linked to the Sphinx and the Lion Constellation way back then was Aries - the seasonal sign that defines the Vernal Equinox (March Equinox). Since that time the seasonal sign overlaying most of the Lion has precessed back to Virgo.

The Lion constellation has associations with the Sun dating back to when the Sun would have been rising with the Heart of the Lion (Regulus) lighting up the heart energy of the Earth at the time of the vernal equinox.



The Autumnal Equinox Point or Zero Libra Point (opposite of the Vernal Equinox) has shifted to the Sphinx point between the constellation of the Virgin Priestess and the Lion. (See image)

## The Seasonal Signs of Leo and Virgo

The seasonal signs of Leo and Virgo archetypally represent the interaction between the playful self-loving creator in service to its own divine self, meeting and inspiring the Priest~ess who is serving spirit, honoring all life as sacred, especially through the sacred work whatever that might be.

It feels like this current alignment of Regulus at the Zero Virgo point is intended to help us navigate the now more unfamiliar territory of our heart wisdom that eons ago was much easier to access.



In the current time we see evidence of many who are disconnected from the loving wisdom of their hearts - often expressing hate for others who are not like they are. We see this in the hate for those of other genders, other races, other religions, other political points of view, other belief systems, other life style choices and more.

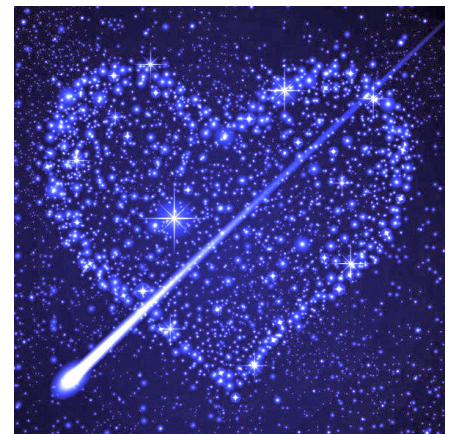
This has NOT always been the case, nor is it the case for all people on Earth at this time. Many feel deeply empathic and compassionate for all life. Many are profoundly connected to the wisdom of their hearts showing up with caring, kindness and consideration. Many are stepping up to right the wrongs, doing all they can to help those who have been unfairly treated or judged against.

### The Gift of Regulus

When a planet passes Regulus (including the Sun and Moon) it serves to magnify and transmit the energy of this heart star to all life on Earth.

Regulus has the power to activate our heart knowing when we are willing to engage and embrace it. Additionally, this assists us in releasing and transforming whatever is buried in our subconscious when we are willing to explore this territory.

With Regulus now at the Zero Virgo point, this star is deeply connecting to the sacred patterning of life, highlighting our role in restoring the essential pattern of love underlying all creation, so all life benefits.



First the patterns of addiction, limiting or false beliefs, judgment, and anything else that interferes with fully living from the power of love will surface that seems so clearly evident in the greater collective reality these days. This provides us with an opportunity to use the power of love, forgiveness and patience to restore the sacred pattern within us all to its original pure essence.