

The Signs and Sovereignty

How the astrological signs each express their unique healthy version of sovereignty as an inner super power free from restrictive outside influences. This applies to all personal parts of the natal chart and when undergoing certain initiatory transits - so you may relate to many of these.

Leo expresses sovereignty through discovering and embracing the Power of Self Love, Self Sufficiency, Self Confidence, Self Acceptance, Self Approval and Self Respect and by showing up with their brilliance without attachment to being noticed. This is possible because when healthy they know they are shining their love light no matter what. Their greatest sovereign gift is showing up as their radiant self - inspiring others to do the same.

Virgo expresses sovereignty through their connection to the sacredness of all life, seen and unseen, connecting to the sacred patterning of this reality. Also by reveling in the joy of service as its own reward. Their greatest sovereign gift is through their reverence, service and celebration of the sacred expression of the seasons and cycles of the Earth.

Libra expresses sovereignty through a deep and profound relationship with self – and learning more about who they are through the interaction with others. Their greatest sovereign gift is their ability to maintain personal balance while also honoring the contribution each person brings when occupying their unique place on the wheel of life.

Scorpio expresses sovereignty through passionate alive connection to life and life force energy or whatever is a turn on, whatever lights you up. And being excited about knowing where the edge of your passionate, enthusiastic experiences are and getting as close to that as humanly possible. Their greatest sovereign gift is surfing the energetic waves of life force energy sourcing their own version of magical manifestation.

Sagittarius expresses sovereignty through pursuing their own unique spiritual path and expanding consciousness including expansion of truth as experienced it in different states of consciousness. Their greatest sovereign gift is expressing from their own enlightened awareness - shining a light on the deeper truth of who we really are.

Capricorn expresses sovereignty through wise action designed to be the most effective and efficient to get the best results. Their greatest gift of sovereignty is creating sustainable, practical and well-thought out wise structures that get useful results and serve all life NOW and for future generations.

Aquarius expresses sovereignty through unique avant-garde cutting edge ways of being that also expand consciousness. Their greatest sovereign gift is all the avant-garde, cutting edge ideas coming from the highest cosmic awareness expanding our perception of what is possible.

Pisces expresses sovereignty through their compassionate heart – recognizing their own heart and the heart of the universe is pure love. Their greatest sovereign gift is interdependent empathy, compassion, and holding safe space for others to be who they are meant to be.

Aries expresses sovereignty through 100% commitment and dedication to a worthy mission or noble cause. Their greatest sovereign gift is their fierce strength and unwavering loyalty and commitment.

Taurus expresses sovereignty through the ability to embrace the gifts of life to fully receive them as pleasurable as deeply intimate as something that can be savored and enjoyed. Their greatest sovereign gift is creating and sharing as well as fully receiving epicurean life experience of all types.

Gemini expresses sovereignty through being free to creatively express and communicate their own unique expression of divine spirit through humor and play. Their greatest sovereign gift is appropriately sharing the delight of humor, word play, whimsy, and spontaneity telling NEW Stories that co-creatively construct a New more FUN world.

Cancer expresses sovereignty through their ability to nurture themselves, their family, their tribe, their community with great empathy love and compassion. Their greatest sovereign gift is creating beautiful safe and inclusive and welcoming space where all who resonate with positivity are welcome.

Notes on Sovereignty

First, it helps to remember we don't shine in our true essence when we are externally referenced, measuring who we are from the outside - distracted by circumstances beyond our control that feed fear, doubt, criticism and judgment toward one's self or others.

Worrying about what others think of us and worrying about HOW what we are doing looks to those around us keeps us from accessing our inner sovereignty. This includes: worrying about being judged as not good enough, not accomplished enough, not motivated enough, not ambitious enough, not determined enough, or judged as a failure, a disappointment and on and on...

We may judge ourselves or we may fear others judge us for any or all of these things. The reality is these perceptions are a shadow expression of who we truly are - because each and every one of us is an expression of the Divine. All life is an expression of the divine. The divine source energy we all come from is pure love and pure love doesn't judge. However, it does provide us with experiences that match our beliefs of who we think we are.

What we believe is creating our reality. So believing in our sovereignty and the gifts we have to offer is essential to stepping more fully into our sovereignty.

Your True Purpose May be Easier than You Think

What if your greatest purpose is simply to express love for yourself and others? What if your greatest purpose is to be a point of light and love. Celebrating others. Celebrating life.

Sovereignty happens on the micro level (meaning it comes from the inside out) first AND is empowered by our choice. The only thing we are in control of is our response to the circumstances we encounter.

Sovereignty then is also based in forgiveness. Forgiving ourselves and forgiving others for any harm that has been done to us by the false conditioning we have been exposed in a culture designed to cause us to doubt our own divinity. <https://cayelincastell.com/the-power-of-forgiving-the-unforgivable/>

If we are distracted by Social Media, overwhelming negative news, fear of survival, or any number of other outside influences we wind up sacrificing our ability to experience our sovereignty.

A Few Strategies for Claiming Sovereignty

The best strategy is to take care of what you can (you first), make choices that support your health and well-being and remember the power of love (<https://cayelincastell.com/the-power-of-love/>) to heal and transform our doubt and uncertainty into trust – so you are no longer at the effect limiting beliefs and cultural conditioning. Commit to creating radiant health on all levels, physically, mentally, emotionally and spiritually. This includes Diet, Exercise, Meditation, Spiritual Practices, Ceremony, Celebration, Connecting with the Earth and the Sky.

The above is just a few steps that will help you increase your own sovereignty because if you aren't right for yourself, if you aren't centered in your sovereignty, then you aren't right for anyone or anything else.

YOU FIRST

Take care of yourself first, pay yourself first, honor yourself first. We have been conditioned to believe this is selfish. Actually, taking care of yourself is one of the least selfish things you can do. One is because others won't feel they need to take care of you.

Two is when you take care of yourself you can access and give your gifts more easily.

If you are not accessing your unique gifts then you are depriving yourself of these gifts, and you are depriving the world of these gifts. If there is any sin - it is depriving the world of your gifts.

If you don't know what your gifts are then that is your next step – the quest to discover the gifts that are reflected in doing what only you can do. Your gifts may be to see what others can't see and share those insights, or to hold the space of love and compassion for yourself and those going through challenging times, or to stand for a cause that you feel passionate about, or to be an example of healthy self-love or a million other things that has nothing to do with how much money you make or how successful you are by an external world standard.

If you feel happy and fulfilled from the inside out, you are living from your sovereignty.

It is a practice. Some days are easier than others. Some days are downright challenging. Stepping into your sovereignty and cultivating healthy self-love is life changing for you and changes our world in ways we haven't yet imagined bringing forth a miraculous New Earth fulfilled in beauty, peace, harmony, cooperation, honoring and celebration of ALL LIFE!

It is Done. It is So! And All Heaven and Earth Rejoice. Blessed BE!