

**Looking At
Mars and Venus
Beyond The
Current Cultural
Gender Spectrum**



Venus



Mars

Cayelin K Castell

We Inform The Mysteries
As Much As They Inform Us

cayelincastell.com or celestialtimings.com



Shamanic Astrology Mystery School™

Living the Magic of Earth and Sky



ShamanicAstrology.com

Shamanic Astrology Features:

- Direct Connection to the Night Sky
- Cycles of Initiation on the Shamanic Timeline
- NOT Sun Sign Astrology
- An Archetypal and Mythical Basis for understanding Life Purpose or the Soul's Intent - where magic Happens!
- Venus (Feminine) and Mars (Masculine)
- Nothing is Good or Bad - its all about Intent
- Recognizing and integrating Shadow





Venus



Mars

Venus goes beyond traditional views that limit her expression to being about relationships, aesthetics, personal preferences, values, finances and material possessions.

There are 12 main archetypes of Divine Feminine expression and beyond that an entire Venus Signature including the Sun, Moon, Outer Planet Aspects, Star Phase: Morning Star, Underworld, Evening Star and Metamorphic Underworld, and the Meta Goddess Cycle at any given time.

Venus in Aries has a very Yang or masculine expression that could be described as the Wild Warrior Woman committed restore Cosmic Order/Justice.

Mars goes beyond traditional views that limit his expression to being about action, desire, energy, passion, conquering, domination, war, aggression/assertion.

The Divine Masculine expression of the Mars Signature also goes beyond the 12 main archetypes to include the Sun, Moon, Outer Planet Aspects, Mars Phase, and the Meta God Cycle at any given time.

Mars can have very Yin or feminine expression like Pisces or Cancer expressing as highly sensitive, caring, kind and compassionate.

Generalized in our Current Culture

Healthy Masculine Energy

- Knows how to create a loving, safe, protective space
- Is organized, focused, and solution oriented
- Has the confidence to figure out what to do and when to do it
- Inspired Decisive Action
- Knows when to be assertive and when to be supportive

Distorted or Wounded Masculine Energy

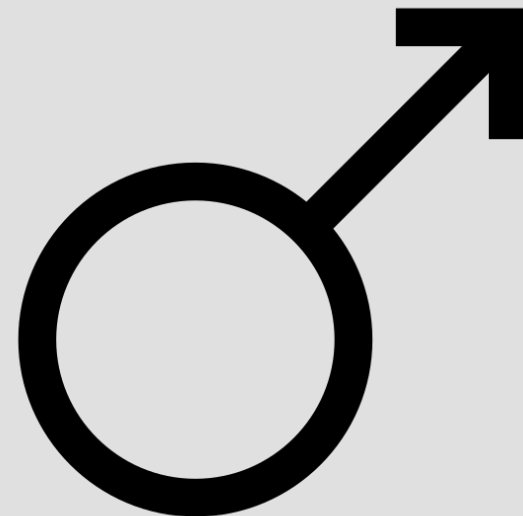
- Dominates, controls and conquers others - motivated by fear and ego - proving to themselves they are superior
- Unhealthy competition, motivated to win at any cost
- Overconfident based in a fear of incompetence asserting their power and control over others to prove otherwise
- Believing they are right, justifies their actions
- Avoids and suppresses emotions dismissing vulnerability as a sign of weakness

Healthy Mars Summary

Logical
Confident
Decisive Action
Strong
Assertive
Achieving
Protector

Distorted Mars

Aggressive
Blunt
Cruel
Punishing
Domineering
Controlling
Insensitive



Culture Perspective on Healthy Feminine Energy

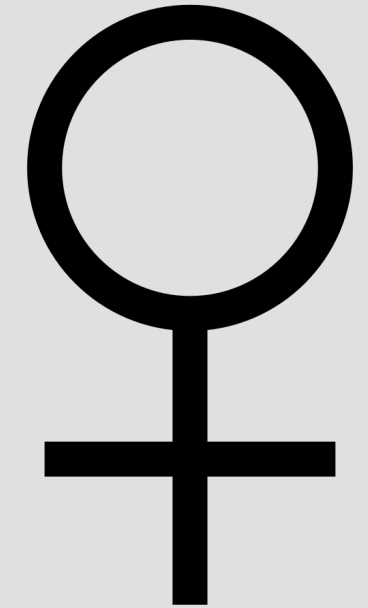
- Trusts Intuition and Body Wisdom
- Feels aligned with choices from the inside out
- Healthy Life Style Choices
- Expresses feelings and emotions in healthy ways
- Spends Time in Nature, Cares about the Earth and all Life
- Expresses vulnerability as a strength & tool for connecting with the truth of what is best for self and others
- Is nurturing, caring and supportive in ways that encourage personal growth for all concerned

Distorted or Wounded Feminine Energy

- Looks outside self for answers, direction and solutions
- Questions value and worth and lacks self-love
- Often feels lost, confused, anxious, overwhelmed and unable to plan or make decisions.
- Lacks an ability to self-nurture and over gives hoping to find love and acceptance outside of its self.
- Has the disease to please at the expense of their own well-being
- Expresses as a disempowered victim believing they will never be good enough

Healthy Feminine Summary

Intuitive
Collaborative
Caring
Kind
Generous
Creative
Nurturing
Experiential
Expressive
Receptive



Distorted Feminine

Overly Emotional
Overly Sensitive
Irrational
Dependent
Co-dependent
Submissive
Indecisive
Too Talkative
Cries a lot

Social Conditioning

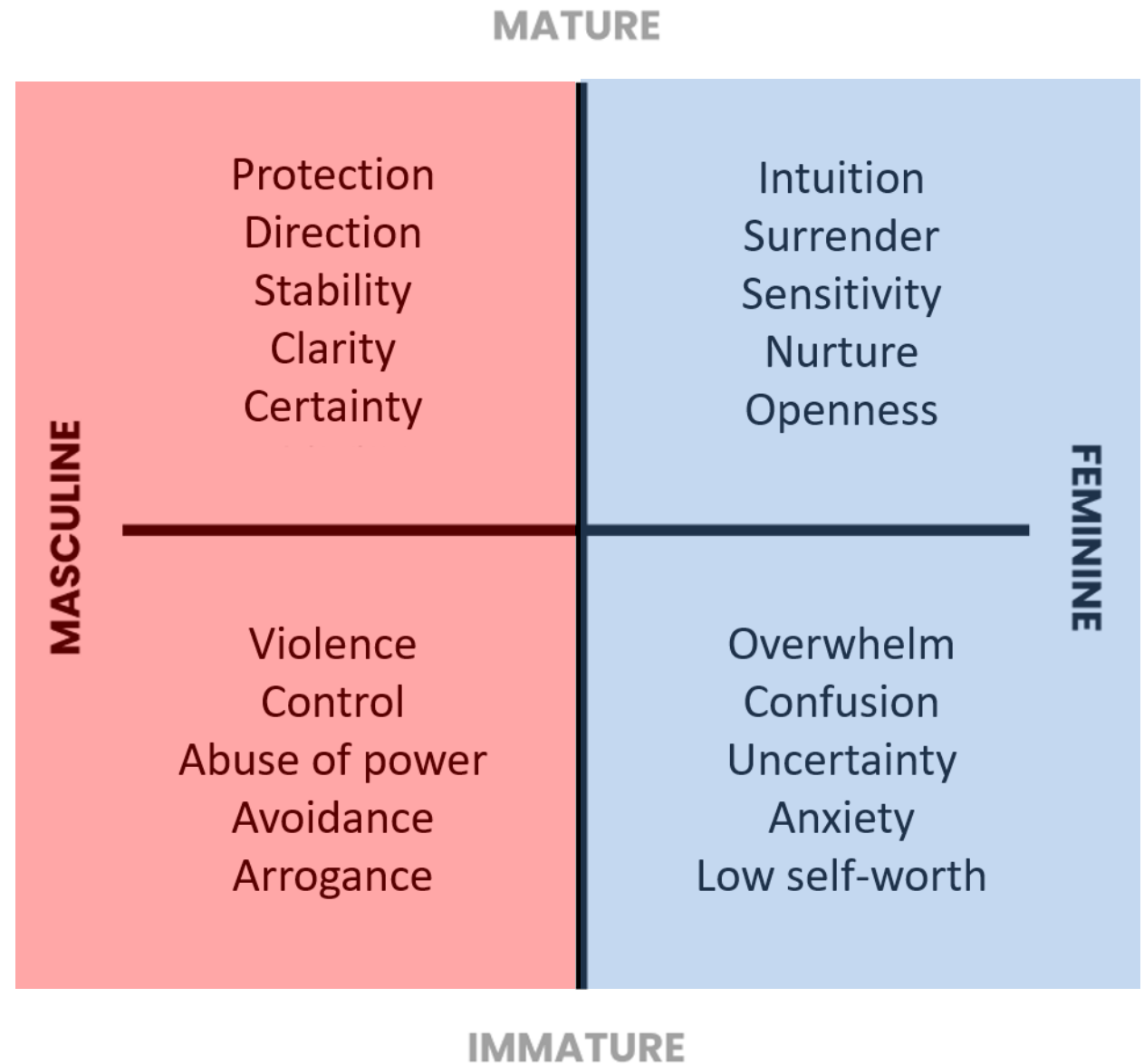
How we perceive the Masculine and Feminine Expression in specific ways

We all show up somewhere on the feminine to masculine spectrum in our relationship to life.

You could have a baseline preference to be very masculine or feminine...or sit more towards the middle.

Although we culturally think of women as more feminine and men as more masculine, this is not always the case; there are masculine and feminine-dominant people of every gender and orientation.

[Jessica Warren](https://www.jessicawarren.co) Wellness Writer.
<https://www.jessicawarren.co>



Evolving Understanding & Guidelines

No matter your gender Identity we ALL have an intended Masculine and Feminine Expression we are learning with our Gender Identity being the lead archetype.

If a Woman Identifies as a Man then HE is learning about, and exploring, natal Mars as his masculine identity.

If a Man identifies as a Woman then SHE is learning about, and exploring natal Venus as her feminine identity.

If a person is genderfluid then perhaps Mars and Venus take turns being the lead archetype during specific Synodic return cycles or major transits of outer planet transits over Venus or Mars.

Women who Identify as Feminine, Men who Identify as Masculine

A Woman who Identifies as a Woman is exploring Venus as her leading Feminine identity

A Man who Identifies as a Man is exploring Mars as his Masculine leading Masculine Identity



Masculine

Fire - Energy Realm

Transformative

Inspired Action

Intuition/Identity

Aries, Leo, Sagittarius

Feminine

Water - Feeling Realm

Receptive

Adaptable

Fluid/Flowing

Pisces, Cancer, Scorpio

THE ELEMENTS

Feminine

Earth - Physical Realm

Dependable/Wise

Sensual Embodied

Stable/Grounded

Capricorn, Taurus, Virgo

Masculine

Air - Mental Realm

Breath of Life

Communication

Innovative Ideas

Aquarius, Gemini, Libra

**Fire: Masculine
Yang**

**Water: Feminine
Yin**



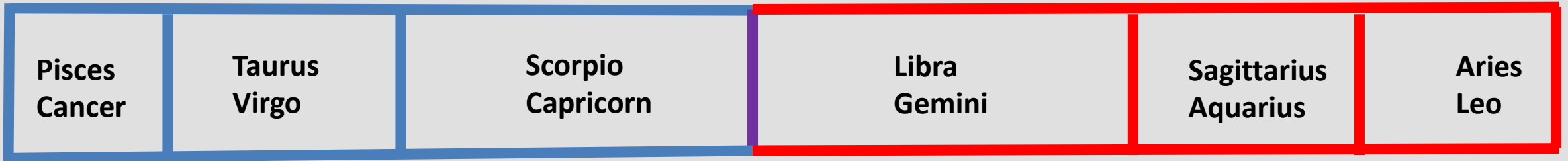
**Earth: Feminine
Yin**

**Air: Masculine
Yang**

Yin (Earth and Water) and Yang (Fire and Air) Feminine and Masculine Spectrum

Maximum Yin

Maximum Yang



Scorpio and Capricorn have been seen in our current culture as having more masculine qualities associated with will, power, and control

Libra has been seen as more Feminine associated with relationships and the planet Venus
Gemini tends to be more Gender Fluid, a Shapeshifter

Each Archetypal Sign can express through
ALL the Various Gender Identities

With New Awareness and Intentional Inquiry
We Deepen Our Understanding of How this may be Manifesting!

Fire Sign Mars/Venus (Aries, Leo, Sagittarius)

Optimistic, Outgoing, Fun, Charismatic, Enthusiastic, FREE

Leo is learning how to shine like the Sun in radiant, healthy self-love while inspiring others to do the same.

Shadow Side Egotistical, Narcissistic, Inadequate, Entitled, Overly focused on External Image

Aries is learning how to courageously be the protector and how to fully commit to a noble cause or worthy mission, taking actions that also restore or uphold the cosmic order

Shadow: Mercenary, Self Absorbed, Careless, fixated on a Black and White perspective, this is right, this is wrong

Sagittarius is learning to embrace the fire of spiritual adventure seeking ever-expanding experiences of consciousness and truth.

Shadow Side: Fundamentalism, Restless or Bored, Light Polarized, Spiritual Bypass

**Transformative
Inspired Action
Intuition/Identity**



Water Sign Venus/Mars (Pisces, Cancer, Scorpio)

Intuitive, Deep Feeling, Soul Connected, Sensitive,
Com-passionate

Pisces is learning selfless service through Compassion and Kindness as a transpersonal giver and visionary dreamer.

Shadow: The Martyr, Addicted Giver hoping to get something in return, Victim, Lacking Personal Boundaries and Sense of Self

Cancer is learning to nurture and care for those around them, creating a safe space for their inner circle. This might express as the loving and responsible parent, counselor or teacher.

Shadow: Giving to Get, Over Giving, Controlling, Victim

Scorpio is learning how to access passionate life force energy and a sense of self manifesting desires without attachment to outcome.

Shadow: Afraid of their own power, fear of being persecuted, Overly Possessive and Controlling, Vindictive, Punishing, Revenge Oriented

Receptive
Adaptable
Fluid/Flowing



Air Signs Mars/Venus (Aquarius, Gemini, Libra)

Quick, Brilliant Mind, Loves being on the cutting edge of new ideas, expansive, innovative, thinking outside the box.

Gemini is learning how to NOT take themselves so seriously, find the humor, to have fun, be a shapeshifter, be a messenger, be a storyteller, be a trickster magician

Shadow: Passive Aggressive, Doesn't value emotions, Changes too quickly, Scattered, inappropriate humor, fear of being tied down

Libra is learning how to be a peacemaker, a diplomat, a negotiator, to know themselves through relationships, to balance personal truth with consensus reality.

Shadow: No sense of personal identity, co-dependent, idealizes relationships, Indecisive

Aquarius is learning how to be a visionary change agent on cutting edge of new perspectives and expanding consciousness, all for the purpose of evolution

Shadow: denies there is a shadow, easily bored, quits too soon, light polarized, too detached or checked out

Air – Mental Realm
Breath of Life
Communication



Earth Signs Venus/Mars (Capricorn, Taurus, Virgo)

Stable, industrious, productive, realistic, dependable and practical in ways that get best the best results.

Capricorn is learning the most wise and effective ways to serve the present and future generations meeting and exceeding basic needs in balance with the Earth.

Shadow Capricorn: Thinks they are better than anyone else, gets stuck in old ways of doing things, takes self too seriously, scapegoat carrying other's burdens

Taurus is learning to enjoy and savor the present moment, the ecstasy of life force energy and the artistic beauty of life.

Shadow Taurus: Inability to receive the gifts of life, believing pleasure is a sin, tries to live up to the cultural definition of beauty, attitude of entitlement rather than healthy receiving with gratitude.

Virgo is learning to connect with the structural patterning of reality for the purpose of serving the sacred expression of life and how to restore balance when the pattern of life becomes imbalanced.

Shadow Virgo: Expresses as judgmental, nitpicky and critical, overly focused on details or has trouble focusing, inability to engage personally, overly controlling about the space around them

Earth – Physical Realm
Dependable/Wise
Sensual Embodied



Example: My Oldest son
Mars in Libra/Minimum Yang conjunct Saturn
Venus in Gemini/Minimum Yang
Cancer Sun/Maximum Yin



Age 6
months
in 1982



Age 28 in 2010

Super Smart, Kind, Generous,
Loves to Teach, Highly Sensitive

So sensitive his 4th Grade
Teacher asked me to tell him
not cry when his feelings were
hurt or he was upset because
he was being bullied.

He now teaches High School
Sciences and finds creative
ways to discourage bullying.

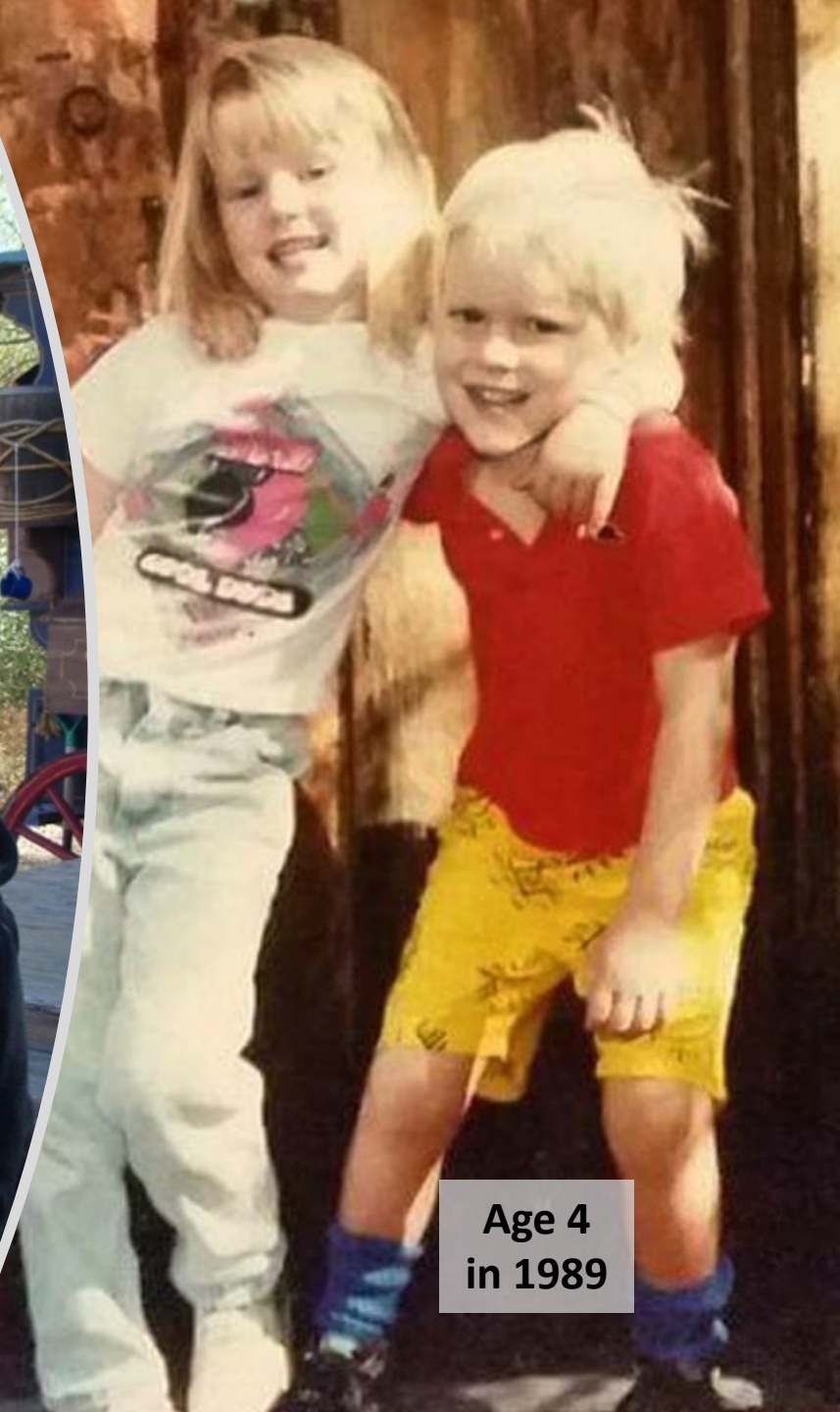
He recognizes he often
detaches from his feelings in
social situations and yet he
feels so deeply he cried at his
wedding.

Age 23
in 2008

Example:
My Boy Girl Twins
Venus and Mars In Aries
Maximum Yang
Pisces Sun /Maximum Yin

He is an introvert and loves to perform/actor/stunt man musician. Looks out for others. Is kind, caring and considerate.

She is an extrovert and also loves to perform as a fitness instructor. She is fierce and always protects her brothers.



Age 4
in 1989



Example: My youngest son
Mars in Pisces/Maximum Yin
Venus in Aries/Maximum Yang
Gemini Sun/Minimum Yang

His kindness kept him from
being bullied in school

ALL his teachers wanted to clone him

When he was in 7th grade he told me:
Mom, I have realized there is never
any reason to be mean to anyone
even if you don't like them!

Now in a relationship with a
transgender man



The Synodic Cycles (with the Sun) of Venus and Mars

Venus is the more predictable Cycle
Returning every 8 years

Mars is the more unpredictable Cycle
Returning closest every 15 to 17 years

Venus and Mars return together every
32 years at age 32, 64 and 96

Other Venus Mars Returns that overlap

Mars age 15	and Venus age 16
Mars age 47	and Venus age 48
Mars age 79	and Venus age 80

These are powerful times to engage the
sacred marriage of our feminine and
masculine intended expression.



Venus Alchemy

Celebrating the Goddess Within



VenusAlchemy.com Check Out Our Current Venus Cycle Offering

MyStarAlchemy.com Check out our Upcoming Live Class on the Zodiacal Constellations

CayelinCastellcom Check Out lots of great Videos and Articles

CelestialTimngs.com same website as CayelinCastell.com

My Star Alchemy

Bringing you the Magic and Wisdom of the Stars

